

# INNOVATIVE METHODS FOR MANIFESTING INTENTIONS

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The *act of intending* is a little understood aspect of how we create our reality. *Intending* is the conscious act of focusing with mental determination on the creation of a desired action or outcome. Since we are all multi-dimensional, sentient beings, it is clear that *intending* can take place at many levels within our being. Therein lies the greatest power of *intention* and the greatest pitfall that many of us experience around the idea of *intention*!

From very high places in your energy fields, say at and above those of your Higher Self, there exist levels of *pure* intention to create experience...experience to be manifested and undertaken in a particular "incarnational life" strictly by choice, with no justification other than to simply "have this experience in this way in this life and at this time!" You could say that all experience springs forth from these "levels of intent" and manifests along twelve divine theme-lines, which serve as arenas for the playing-out of all the diverse patterns desired for a given incarnation. From these levels of pure intent, these patterns radiate through your energy fields, downward in vibration until they manifest in the fundamental etheric "programming" and belief structures you carry and the essential mental, emotional and physical experiences that you create. The twelve divine theme-lines are Courage, Compassion, Love, Power, Beauty, Will, Curiosity, Joy, Justice, Purity, Imagination, Loyalty! They form a palette from which you paint your life experiences... creating all of both the wonderful and the challenging adventures to be taken on!

As all this patterning ripples through your energy fields, the various aspects of your levels of consciousness *shape, direct and guide* the experiences to be had...with each level contributing (to one degree or another, perhaps with varying levels of clarity) to the intention to manifest the experiences. Many say that "There are virtually no accidents in life!" This principle can be best understood by embracing the idea that your many levels of consciousness are always *shaping, directing and guiding*!

So, your sense of being a sentient, conscious self is really a part of a much larger conscious Self, operating at many levels in this process of creating a reality. "Free will" is totally operative at all times; however, the principle of "free will" must first be applied to the highest order (vibrational level) of your being and then progressively be applied to lower and lower conscious aspects of your being. This creates the idea that, from an earthly conscious level, we experience "free will" (to varying degrees at various times, etc.), while we seem to be moving along a "path", *shaped, directed and guided* by other levels of our consciousness. In the extreme, we can also feel quite "pushed" and "pulled" by outward circumstances in our lives over which we appear to have no control. Since "there are no accidents in life", we can conclude that the "apparent" lack of control results from a simple lack of awareness as to how the higher aspects of your consciousness are "orchestrating" the circumstances over which you feel you have no control!

In the context of these factors, there *is* “free will” for us in our conscious, incarnational life; *however*, it allows us to manifest through our conscious intentions only within a band or range of experience along a path intended for the life time, as designed by the Higher Self.

The two simple ground rules for operating effectively within this band along your path can best be summarized as follows:

- \* *What your Higher Self intends and/or allows to manifest within the band along your path is what you indeed get to experience!*
- \* *What you intend may manifest within the band along your path only when it is also intended and/or allowed by your Higher Self!*

The first ground rule reminds us of the power of some of the feminine aspects of life, namely, the principles of allowance and acceptance of your experience. Whatever you're being or doing in the moment is "just perfect" and your Higher Self wants it or allows it to be just that way!

The second ground rule reminds us of the power of some of the masculine aspects of life...about being clear and assertive...about being willful and determined...about seeking agreement, alignment and cooperation with others...about manifesting something different than it already is...about creating change! *What you intend may manifest...* Yes, depending upon how successfully you apply a few basic spiritual principles.

Here are a few suggestions:

- 1) Create a clear idea of the desired action or outcome. This forms the foundation of your intention.
- 2) Link with your Higher Self to establish that what you intend will serve your highest good and purpose, and that your Higher Self will align with you regarding the creation of this intention. Accomplish this through your prayers, meditation, intuition or channeling.
- 3) Create as much cooperation, alignment and support as possible for your intention among others in the physical and/or the etheric realms, whose participation is essential and/or helpful to its realization.

Communicate with those beings in the physical in the most effective means available to you and link with those in the etheric, again, through your prayers, meditations or direct channeling. Since so much of the workings of the etheric realms usually take place beyond our conscious awareness, most, if not all, of our prayers and requests "just seem to be answered" without our doing much, except expressing our intention and putting out our prayers and requests for support. Our requests and prayers are often fulfilled in such a way that we often say "Well...the Universe just provided!" Generally speaking, when this occurs, the Universe that's doing the providing is simply your higher levels of Self, along with Etheric

Resources collaborating to provide the etheric support and "orchestration" that you asked for!